

Colehill National School

Our Be Kind Plan

Let's make our school a happy and kind place for everyone!

What does it mean to be kind?

- ✓ Use kind words
- ✓ Help others
- ✓ Include everyone
- ✓ Respect differences
- ✓ Be a good friend

What is bullying?

Bullying is when someone hurts another person on purpose again and again.

It could be:

- Saying mean things
- Leaving someone out
- Hitting, pushing, or hurting
- Being mean online (cyberbullying)

💡 If you're not sure, ask a teacher.

What to do if you see or feel bullying:

- ✓ Tell a teacher or adult
- ✓ Use the Worry Box or Worry Monster
- ✓ Talk to someone you trust
- ✓ Be brave—speaking up helps everyone











Everyone belongs!

At Colehill NS, we are:

-  Kind
-  Fair
-  Inclusive
-  Supportive

No matter your name, language, family, religion, or how you look—you are important and welcome here!

How we show kindness every day:

-  **Buddy system** – Older pupils helping younger ones
-  **Artwork and displays** – Showing respect and kindness
-  **Sports and team games** – Playing fairly and including others
-  **Paired reading** – Sharing stories and learning together
-  **Circle time** – Listening, sharing, and supporting each other
-  **Special weeks** – Like Wellbeing Week and Grandparents' Day
-  **Being helpful** – Offering a hand when someone needs it
-  **Including everyone** – Making sure no one is left out
-  **Using kind words and actions** – Every day, with everyone
-  **Celebrating differences** – Respecting what makes us unique

 *“Every little act of kindness makes a big difference!”*

Remember:

- ✓ Be kind
- ✓ Tell an adult if something is wrong
- ✓ You are not alone
- ✓ You help make our school a better place 